

REGISTRATION FORM

You may register on-line at www.brighterfutures.us, return completed registration to your local school building office, or register at the door on March 20th.

One form per adult, please print

Name: _____

Address: _____

City: _____

State/Zip Code: _____

Telephone: _____

E-mail: _____

Please check the following if needed

Child-Care (Please fill out childcare information below. Child care form will be completed on site when you check-in.)

Please list names and ages of children:

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

Children must be checked in by their parent/guardian.

Children will not be allowed to leave the child-care area without being checked out by their parent/guardian.

Please bring any diapers/wipes/formula/sippy cups and/or bottles your child will need.

Label your child's bag with his or her first and last name.

THERE WILL BE VENDORS AT THE FAIR. SOME VENDORS WILL HAVE ITEMS FOR PURCHASE.

WORKSHOP SELECTION

Select one choice for each session.

SESSION I 9:00-10:00 AM

- Parenting Your Way Through Confrontation
- Fill Your Bucket
- Children and the Grief Process
- Infant/Young Child Massage: Enhancing the Well Being of Children With Touch
- ADHD I—Basic Information
- Becoming a Love & Logic Parent: How to be a C.O.O.L. Parent in a Hot Situation

SESSION II 10:15-11:15 AM

- Fill Your Bucket
- Promoting Self Esteem in Young People
- Signs of Dependency/Current Drug Trends
- Let's Play
- Becoming a Love & Logic Parent: How to be a C.O.O.L. Parent in a Hot Situation
- Autism I

SESSION III 11:30-12:30

- Teaching Your Child Financial Responsibility
- Family Communication 101
- ADHD II—Advanced Information & Skills
- Autism II
- Impact of Domestic Violence on Children
- Brain Boggling through Beer Goggling



The Brighter Futures Consortium was made possible through a generous grant from the Lafayette County Children's Services Fund. Funding for the Parenting Fair was made possible through the Lafayette County Children's Services Fund, Catholic Charities, Lafayette Regional Health Center and various private and community group donations.

Lafayette County
2nd Annual
Brighter Futures/Brighter Families

PARENTING FAIR

Free Educational Workshops
Free Breakfast
Free Childcare/Activities



*When families
Come together it
brightens our world*

**Saturday,
March 20, 2010
8:00 am to 1:00 pm**

Lafayette Co. C-1 High School
807 W 31st; Higginsville, MO

For more information:

Alan Meyer

*660-259-4391, ext. 228
ameyer@lexington.k12.mo.us*

Or

Lori Drenon

816-633-4421

ldrenon@odessa.k12.mo.us

2010 SHOWCASE OF PRESENTERS

SESSION ONE 9:00-10:00 AM

Parenting Your Way Through Confrontation

Patrick Hickey, LCSW, CASAC

Central States Mental Health Consultants, Inc.

Learn new and effective techniques to de-stress and calm yourself. Learn to discipline your children through establishing daily routines and resolving reoccurring issues.

Fill Your Bucket

Shelli Lee, Preschool Teacher

Grandview Elementary

Want to promote good character traits in your children with a simple idea? We will discuss the idea of bucket filling and bucket dipping as it pertains to our students behaviors as well as our own. Hopefully you will leave with a "BUCKET" full of new ideas.

Children and the Grief Process

Elisa Cantu, MS, LPC

Warrensburg Counseling Services

Parents will learn how children grieve differently at various ages and why it is important to continue to process grief with children as they grow.

Infant /Young Child Massage: Enhancing the Well Being of Children With Touch

Carolyn Boland, RN

Lafayette County Health Department

Parents will learn the techniques of massage for children, will increase their understanding of bonding with their children and will learn how massage can have a positive affect on healthy outcomes and emotional relaxation.

- Please bring a doll or child under 6 months to practice on.

ADHD I - Basic Information

Theresa Presley, LCSW and Dawn Morris, LPC

Pathways Community Behavioral Healthcare

Children should be high energy - running, jumping, climbing. But when does typical kid behavior cross the line into ADHD? Come learn basic information on Attention Deficit/Hyperactivity Disorder.

Becoming a Love & Logic Parent: How to be a C.O.O.L. Parent in a Hot Situation

Lesa Chandler, Director of Foster Care & Adoption Services
Cornerstones of Care

The C.O.O.L. formula illustrates basic skills for raising responsible children.

SESSION TWO 10:15-11:15 AM

Fill Your Bucket

Shelli Lee, Preschool Teacher

Grandview Elementary

Want to promote good character traits in your children with a simple idea? We will discuss the idea of bucket filling and bucket dipping as it pertains to our students behaviors as well as our own. Hopefully you will leave with a "BUCKET" full of new ideas.

Promoting Self Esteem in Young People

Judy Thompson, Associate Director

Catholic Charities of Kansas City—St. Joseph, Inc.

Participants will learn about the four basic building blocks for self esteem. Parents will be given very current and relevant information from the Search Institute that will help them to stay engaged in their child's life. Recommended tools for promoting healthy lifestyles will also be provided.

Signs of Dependency/Current Drug Trends

Stephanie Morris, MSW, LCSW, CSACII

Basic understanding of each drug, signs of dependency and current trends within the community including DXM. The legal drug DXM; syrup, tussin that is in our parents/families medicine cabinets.

Let's Play

Richard Humble, MS, D.Min, LPC, LMFT

This workshop will offer advice for parents in the use of play to connect with their children.

Becoming a Love & Logic Parent: How to be a C.O.O.L. Parent in a Hot Situation

Lesa Chandler, Director of Foster Care & Adoption Services
Cornerstones of Care

The C.O.O.L. formula illustrates basic skills for raising responsible children.

Autism I

Joyce Downing, Ph.D., Administrative Director

Midwest Center for Autism Spectrum Disorders

This session will provide an overview of the characteristics of children/youth with autism spectrum disorders, and general information on research-supported instruction and management strategies.

SESSION THREE 11:30-12:30

Teaching Your Child Financial Responsibility

Dr. JS Leonard, Clinical Psychologist

Healthy Living Institute

The philosophy is that household chores are part of family living and earning money carries a certain responsibility with it. Money is a tool to be utilized and invested, not something to be squandered or used for selfish purposes. Excerpts from Financial Peace University are discussed.

Family Communication 101

Richard Humble, MS, D.Min, LPC, LMFT

This workshop will explore the basic styles of communication used by families. Practical advice will be given that will improve your family's communication.

ADHD II - Advanced Information and Skills

Theresa Presley, LCSW & Dawn Morris, LPC

Pathways Community Behavioral Healthcare

So your child has ADHD...now what? Are you on an emotional roller coaster? Do you feel like you can't do this? Consider yourself normal. Parenting a special needs child is challenging but you can do it.

Autism II

Joyce Downing, Ph.D., Administrative Director

Midwest Center for Autism Spectrum Disorders

This session will provide examples of research-supported strategies for addressing the communication and behavioral needs of children/youth with ASD.

Impact of Domestic Violence on Children

Christina Lohman, Child Advocate

House of Hope, Inc.

Domestic Violence is an epidemic in our society, and its impact on children is profound and long lasting. This class will teach you to spot signs of abuse in children, and will inform you on how to help children who have been exposed and/or abused.

Brain Boggling through Beer Gogging

Amy Tusso

Liberty School District

A discussion of adolescent development, the brain and alcohol.